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LEADER+ Project « LECKER! »

Tasty, regional, organic, seasonal and healthy food in environmentally compatible childcare structures of the « Miselerland » (a LEADER+ region in Luxembourg)

LECKER!

Why ?

- Meals and food just as nature and environment are defined as relevant themes in the quality manual of the Maisons Relais Caritas.

→ checklists

→ **Lecker!** puts together ideas and guidelines for these themes.

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Project elements

1 – Meals made of regional and seasonal products, partially of controlled organic cultivation or fair trade

(OekoZenter Lëtzebuerg asbl)

2 – Pedagogical concept and quality assurance

(Confédération Caritas asbl)

3 – Eco-friendly management

(OekoZenter Lëtzebuerg asbl)

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1 – Meals made of regional and seasonal products, partially of controlled organic cultivation or fair trade

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1) Foodconcept

- ➡ Integration of products with the mentioned characteristics in the menu
- ➡ Definition of the part that these products should attain in the overall budget
- ➡ Seminars, visits

2) Productlists and contacts

Lists for products with given characteristics, wholesalers, delivery

3) Menu

Example of a menu for 1 month

4) Feasibility study

Comparison with costs of conventional food

2 – Pedagogical concept and quality assurance

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- ➔ The menu as starting point for education on food and nutrition
 - = raise consciousness for regional products
 - = help adopt healthy eating habits
 - = promote meals as an important moment of culture
 - = getting parents involved
- ➔ Quality standards and assurance:
 - Share results with other childcare structures and introduce findings as a quality standard in the MRC network

3 – Eco-friendly management

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1) Guidelines

Environment measures easy to adopt

2) Seminar for staff

Presentation of the guidelines and how to use them



« Regionalitéismount »

- a month with plenty of events

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➡ Test and show results

Activities and events for children, parents and staff

- Visits to regional food makers
- The new menu
- Children cooking for parents
- Presentation of the film «Von der Agrikultur zur Esskultur »
- ...



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Products of the project

Online guidelines & Film

All guidelines and contacts online with possibility to update

Online-guidelines = Instrument for quality assurance

Guidelines may be implemented in other childcare structures

Film = pedagogical material (children, parents educational staff)

PR

Promoting of the results : official presentation to the press, to regional and national decision makers

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Links with other projects



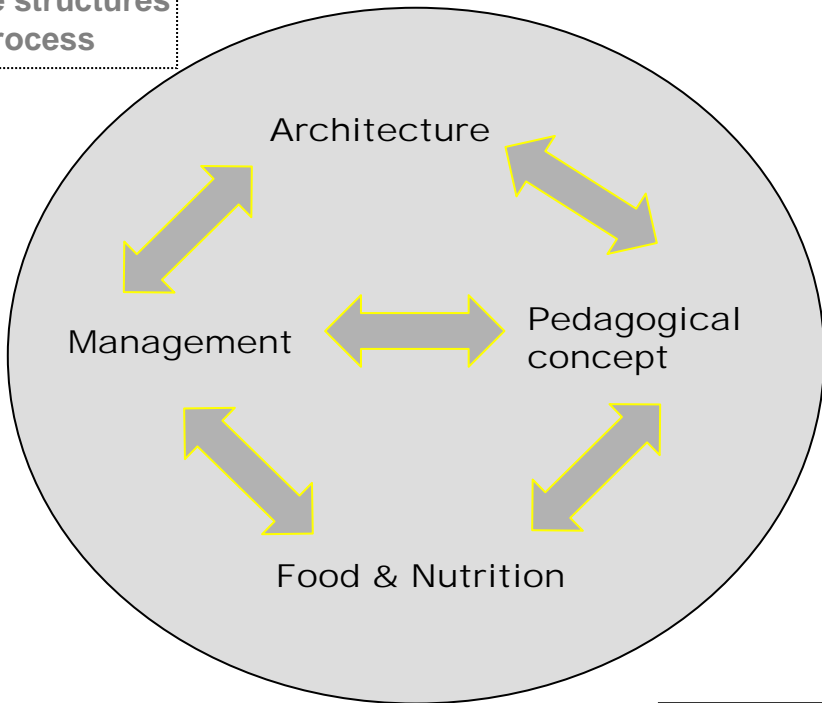
Ecological criteria

- Spaceplanning
- RE- pedagogics
- interior and exterior
- eco-friendly

Training

ZIGZAG

Pedagogical guidelines for the planning of childcare structures and development process



Criteria Seminar

Guidelines Film

- Environment
- Meals

Education and Training

LEONARDO
« CHOCA »

Criteria Purchasing

Quality standard

Test Guidelines Training

Links with CHOCA

- The results of Lecker will be ready at the end of 2007 and may be useful for CHOCA.
- Cooks and educational staff ask for information on food and nutrition – there should be a « market » for the CHOCA training.



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THANK YOU FOR YOUR ATTENTION

